

# KALE CHIPS - from K.A.H.



1 bunch of kale, stems removed, and leaves torn into bite-sized pieces

2 Tablespoons olive oil

1/4 - 1/2 teaspoon salt

Preheat the oven to 400°F.

On a large nonstick baking pan, drizzle the kale with olive oil, season with salt, and toss until evenly coated.

Bake until crispy, about 15 minutes.