

# THE GARDEN DIRT



JULY 2017

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**Community Garden**  
9195 W. 57th Ave.  
Open every day

In this issue you can click on any blue text in the newsletter to go to a webpage. You may have to sign in as a member on [ArvadaGardeners.org](http://ArvadaGardeners.org) first.

Make sure you sign up for **Gardener-In-Charge**.

## LEGGY

A plant is said to be "leggy" when it has long, bare stem, and little foliage. Other undesirable characteristics include "pushy," "coarse," "rootless," "seedy," and "dead."

# GARDEN HAPPENINGS

## Potluck Dinner & Square Dance



There was a great turnout for the Potluck Dinner and Square Dance this year. Everyone made and brought amazing food and Bob called a very popular square dance.



# GARDEN HAPPENINGS

## Potluck Dinner & Square Dance



There was a fierce battle for the limbo champion this year, with the eventual winner limboing just under 30 inches.

# GARDEN HAPPENINGS

## Independence Day 2017 Fireworks



# MEET A GARDENER

**JACK  
PONIS**



Jack and his wife Bobbie

Where are you from?

*Originally I am from a steel mill town in Pennsylvania called Phoenixville. My wife and I moved here from Virginia about 40 years ago to enjoy the mountains and start a family.*

How long have you been a garden member?

*Bobbie and I have been garden members since 2005.*

What are you growing this year?

*I am more the garden assistant these days, but we are growing tomatoes, lettuce, radishes, beans, peppers, and marigolds to keep the pests away.*

# MEET A GARDENER

**JACK  
PONIS**

Do you have any gardening history?

*My father was a gardener, and he grew everything. I remember he would carry 2 buckets of water down to the garden with him every time he went. When we were kids my friends and i used to raid the garden on our way down to the creek, taking tomatoes, peppers, and onions for our lunch. We also used to catch sunfish out of the nearby lake and my dad would make fertilizer out of them.*

What do you like to do outside of the garden?

*I really enjoy swimming laps at the Apex center.*

What is your favorite food to cook?

*I really like to make perogies.*

Do you have a favorite restaurant?

*Since I love perogies, I really enjoy the Perogie Factory, but my wife and I also really enjoy Randi's.*

What is one piece of advice you would give new gardeners?

*Don't give up. The garden can be overwhelming sometimes, but it is worth the reward.*

What are you reading right now?

*I am not much for books, but I love magazines. I really enjoy reading Sports Illustrated. I used to be a coach at Arvada West High School, so I like to keep up on what is going on in the sports world.*

What is your favorite movie?

*I have two favorite movies, the first being "To Kill a Mockingbird" and the second is "Citizen Kane".*

# MEET A GARDENER

**JACK  
PONIS**

What do you like most about being a garden member?

*This is an amazing community, one of the highlights of my retirement. I really enjoy being able to meet new people and form lasting friendships, as well as being able to seek out expert advice from people who are always willing to help.*

What is the best advice you have received as a gardener?

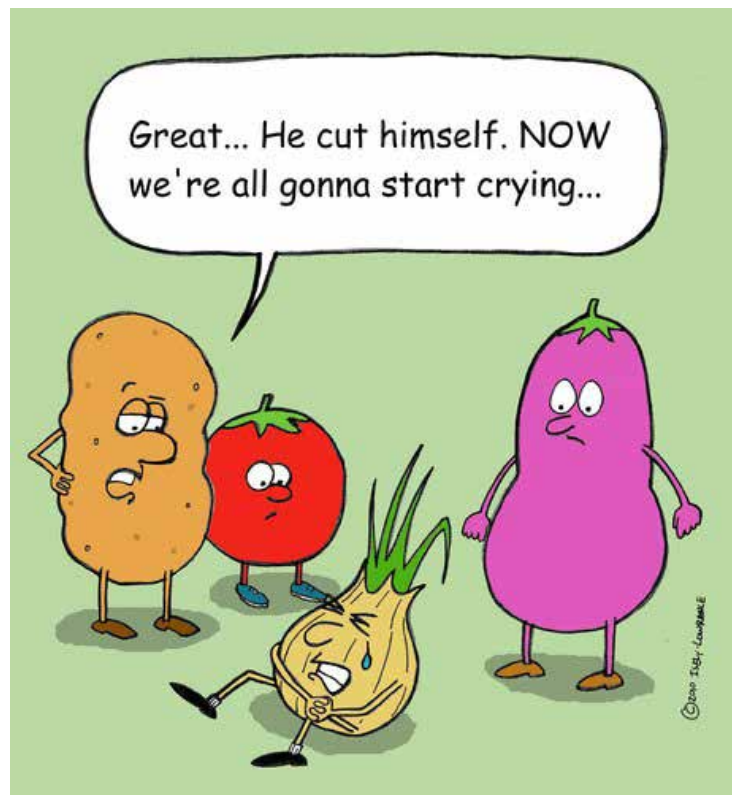
*Come early in the morning or later in the evening to avoid the heat of the day.*

What advice would you give to new members?

*Be patient with your garden and give it time.*

What is your favorite garden function?

*I really enjoy coming to the open house BBQ we have here every summer.*



# HARVEST FESTIVAL UPDATE

Hello fellow gardeners :)

Mr.Stan brought to my attention a Hans Christian Anderson "The Butterfly" story for which a banner with this saying is excellent...a butterfly looking for a bride in his search he says (paraphrase) "It is not enough merely to exist, I need freedom, sunshine, and flowers for my companions."

FOR WHIMSY, FUN AND INFORMATION TO THE people of ARVADA COMMUNITY.

We (ACG) have made a significant difference already in bringing together younger folks to learn and know the benefits of simply "digging in the dirt and watching the "magic" of growing herbs,flowers and veggies....beyond that everything tastes better than an grocery store item. Yeah us !!!

LIST OF NEEDED ITEMS FOR FLOAT....PLEASE DONATE AND COME TO HELP PUT TOGETHER OUR "BUTTERFLY FLOAT".

- \* SWIMMING "NOODLES" any color and as many as possible. (will be spray painted green)
- \*THROW PILLOWS any color, as many as possible (will be made into flowers, or chubby bees)
- \*3 gnarly stumps -(Keith)
- \*3/4" up to 2" PVC tubing (for butterfly wing support)
- \*JUTE
- \*THIN WIRE (NEEDED for securing items ON the float)
- \*FAKE FLOWERS, GREENERY, any color
- \*GLITTER GLITTER GLITTER AS MUCH AS POSSIBLE
- \*METALLIC OR PAPER BANNERS
- \*FEATHER BOAS any color any length
- \*Cabinet hinges as many as possible for the "flutter sticks" to make our butterfly move.

\*\*\*ARC, Goodwill, The Craft Box in Golden sells massive donated crafting items their address is:  
16399 S. Golden Road. Golden, CO 80401

I am excited to get to work on the (6) panels for our butterfly, and the skirting for the float....please join me in making this THE BEST Harvest Parade ever !

Bring anything you'd like to include or think would work for our "magical" parade float ride.

Please carpenters and structural builders contact me please.

dorchilde@gmail.com or call (303) 669 6494

Want to set up workdays for trailer and crafting.

Get your freedom, sunshine & flowers (& veggies too) at the ARVADA COMMUNITY GARDEN...

I would like to thank any and all of my fellow gardeners for their ideas, support and hard work .....

so LETS GO AND GET IT DONE !

:)Darcia K.Shroyer

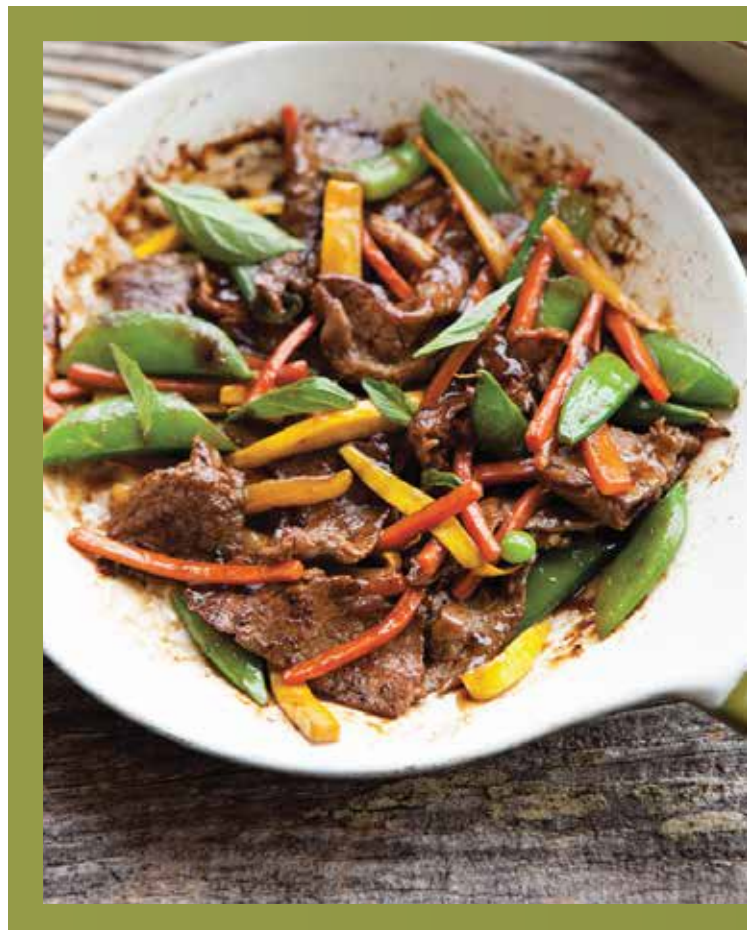


# RECIPE

## Beef and Basil Stir-fry With Summer Vegetables

### INGREDIENTS:

- 1/3 cup soy sauce
- 3 Tbs. sherry
- 1 Tbs. honey
- 1 tsp. cornstarch
- 2 Tbs. canola oil
- 1 lb. flank steak, thinly sliced, then cut into 1-inch pieces
- Salt and freshly ground pepper
- 2 cloves garlic, minced
- 1-inch piece peeled fresh ginger, grated
- 1 yellow squash, cut into 1/2-inch matchsticks
- 2 carrots, cut into 1/2-inch matchsticks
- 4 oz. sugar snap peas, trimmed & halved
- 1/4 cup small fresh basil leaves, preferably Thai



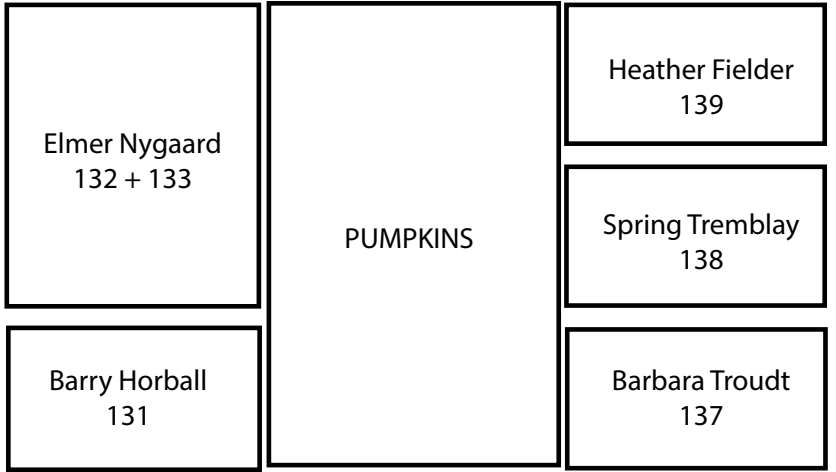
In a small bowl, stir together the soy sauce, sherry, honey and cornstarch.

In a wok or large fry pan, heat 1 tablespoon of the oil over high heat. Season the steak pieces with salt and pepper. Add to the pan and, tossing to sear on all sides, cook until browned but still rare inside, about 3 minutes. Transfer to a plate. Pour off any fat from the pan.

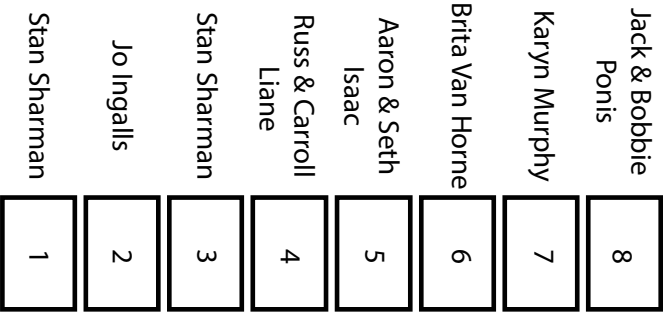
Return the pan to high heat and warm the remaining 1 tablespoon oil. Add the garlic and ginger and stir-fry until fragrant, about 1 minute, taking care not to let the garlic and ginger brown. Add the squash, carrots and sugar snap peas and stir-fry for 4 minutes. Add the steak and the soy sauce mixture and stir to combine. Cook, stirring often, until the sauce thickens, about 3 minutes. Top with the basil leaves and serve. Serves 4.

CASA Kathy Drulard 125	Jenny Baker Erin Shelton 108	Jason & Dellina Pecor 103	V Wilkins R Cahill 84	Cheryl & Jerry Weinman 81	Denyce Ortiz 60	David McGowen Ariana C 57	Ron Johnson 36	Debbie Harrell 33	Chris DeRe Leslie Simon 12	Seng Cha & Mee Lee 9
Tess & Daniel Peterson 124	Michale Howell 109	Shoua Thao 103	Joleen James 85	Cyndi Stilwell 80	Sabrina Chande 61	John Ruckman 56	Kristin Hubbard 37	Cassandra Rivera 32	Aaron & Jo Ingalls 13	Seng Cha & Mee Lee 8
Amy McCallister 123	Bob & Joan Gaunt 110	Shoua Thao 102	Roland Weller 86	Treva Hearne 79	FOOD BANK 62	Chris Milley 55	Laura Davis 38	Gracie & Wendel Carlson 31	Laura Neilson & Allie 14	Roxanne Kane 7
Maria Burke 122	Alexis Martinez cott Smoyer 111	Aly Jobson Ace Else 101	Judi Sedustine 87	Pete Bugard 78	Chris Milley 63	FOOD BANK 54	Reuben Ortiz 39	Marilyn & Dan Hersberger 30	Bill Edwards 15	Bill Edwards 6
	Karen Councilman 112	Patty Viles 100	Anne Robinson 88	Ashley Hubbard 77	Tom Payton 64	Jim & Janice Mulvany 53	Denise & Daniel Dundon 40	Ken Roberts 29	Shoua Yang 16	Wally Gallaher 5
	Aimee & Peter English 113	Carlos Coangelo 99	Jason & Valerie Pierce 89	Jim Jordan 76	Milada Kogan 65	Jim & Janice Mulvany 52	Michael/Barbara Nutman 41	Renee Nelson 28	By Cha 17	Wally Gallaher 4
	Seth Teston 114	Susan Bustamonte 99	Carlos Coangelo 90	Lindsey Blocker 75	Choua Cha 66	Bill Orchard 51	Bridget Bruno 42	Rosetta Trujillo 27	Rochelle Bennett 18	CC & Gary Plummer 3
	Vera Osipova 115	Charles Jones 98	Ralph Futch 91	Taylor Curtis 74	Roger Hiner 67	Steve & Phyllis Kerns 50	Steph & Joel DeLong 43	Sam Patton 26	INDIAN CORN	CC & Gary Plummer 2
	Danae Beaudette 116	Darcia Shroyer 97	Desiree Shroyer 92	John Spratt Andria Hines 73	Angela DeBell 68	Gavin Ward 49	Kristen Rapp 44	Mike Flett 25	Benton Spangler 20	Jeff Thorpe 1
	Rachel & Daniel Albert 117	Nathan Baltich 96	Tom Vanderhorst 93	Jessica Sorci 72	Susanne Cauble 69	Valerie Sawvel Duane Gall 48	FOOD BANK 45	Vanessa Pine 24	Ted Harberg 21	Herb Garden 0
Alexsey Gamayunov 140	Nadezhda Safonova 118	Kevin Curl 95	John & Linda Baltich 94	Jim & Jerrie Matthews 71	Vaida Tamulyte 70	Sally Berriman 47	Keith Sorci 46	Dan Appelhans 22+23		

ORCHARD



NorthEast Corner



RAISED BEDS

# OFFICERS

President:	Keith Sorci
Vice President:	Bob Gaunt
Vice President:	Larry Sybyl
Treasurer:	Jerrie Matthews
Asst. Treasurer	Brita VanHorne
Secretary:	Sally Berriman

# COMMITTEES

Program	Mike
Membership & Mentoring	Chris
City Liaison	Keith
Media	Bill O
Website	Judi
Volunteer Coordinator	Midori
Plot Rototilling	Larry (coord), Kevin, Bob, Ralph, Chris
Photography	Bill O, Zak
Annual Open House	Social Committee
AHF Parade Float	Darcia, Tod, Keith
Festival of Scarecrows	Stan, Mike, Keith, CC, Bill O
Fall Sales / Fundraising	Keith
Holiday Party	Social Committee
Pumpkin & Gourd Patch	Keith, Elmer
New Garden and MOU	Keith, Bill O
Food Bank	Sally
Other Grant Writing	Connie, Bill O, Janice
Home and Garden Grant	Connie, Keith
Delva Garden	Bob, Kristie
Community Service Clients	Keith
Long Range Planning	Keith, Bill O
Facebook	Vaida
Sustainability Festival	TBD
Composting	Chris, Jim, Steve, Ron
Social	Sally
Equipment	Tom P
Marketing	Sally
Renter Status	Midori
Garden Golden Jubilee	Keith, Bill
Newsletter	Joel

# UPCOMING EVENTS

- July 15** Monthly workday
- Aug 9** Garden Class – Preserving your Harvest - Sally- 5:30pm
- Aug 12** Open House Workday
- Aug 14** Meeting - 7pm
- Aug 19** Open House and/or Golden Jubilee
- Aug 26-27** Arvada Days Celebration
- Sep 9** Harvest Festival Parade  
Vegetable / Food Contest
- Sep 11** Meeting
- Sep 16** Monthly workday
- Oct 9** Meeting
- Oct 14** Festival of Scarecrows – Olde Town
- Oct 14** Fall Closing
- Oct 21** Fall Workday

## ON-LINE CALENDAR



If you have something you would like to be seen in the newsletter, email me at [joelcreates@gmail.com](mailto:joelcreates@gmail.com)

# ARVADA GARDENERS 50TH ANNIVERSARY SHIRTS



**OPTION A**



**OPTION B**

DO YOU WANT AN ARVADA GARDENERS 50TH ANNIVERSARY T-SHIRT?  
IF SO, SIGN UP IN THE BLUE SHED AND LEAVE \$3 IN THE ENVELOPE.  
LAST DAY TO SIGN UP AND LEAVE MONEY IS **AUGUST 12**.  
KIDS SIZES AVAILABLE TOO!